

Power Facts

ALABAMA POWER
CUSTOMER
NEWSLETTER

September 2009

Renew Our Rivers collects 10 million pounds of trash



Renew Our Rivers, one of the Southeast's largest river cleanup campaigns, this year passed the 10 million mark in pounds of trash and debris collected from Alabama and Southeast rivers. For 10 years, Renew Our Rivers cleanups have been supported by communities and volunteers across the state who have worked to remove trash, tires, refrigerators, sofas and other debris from our rivers. The milestone of 10 million pounds was reached in the spring.

Renew Our Rivers began with a volunteer cleanup in Gadsden on the Coosa River in 1999. With the help of more than 10,000 volunteers, it grew into cleanups on the Chattahoochee, Coosa, Tallapoosa, Mobile and Black Warrior rivers in Alabama and also on rivers in Georgia, Mississippi and the Florida panhandle.

The cleanup effort has received awards from Keep America Beautiful, the Alabama Wildlife Federation and the National Hydropower Association.

For a schedule of Renew our Rivers cleanups through October, visit www.AlabamaPower.com/lakes.



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POWER RECIPE | Spicy Chicken Noodle Casserole

2 roasted chicken breasts	1 can cream of chicken soup
Small package egg noodles	1 can Rotel®
2-3 stalks celery, chopped	1 cup cheddar cheese, shredded
1½ cups carrots, coarsely shredded	1½ cups parmesan cheese, grated
1 medium onion, chopped	1/3 cup butter
2 tablespoons garlic, minced	1 sleeve Ritz® crackers
8 oz. sour cream	

Boil egg noodles. Drain, saving 1 cup of the liquid. Butter drained noodles with 1/3 cup butter. Dice chicken breast. Boil celery and carrots until fork tender and drain. Sauté onion in olive oil or butter. Add minced garlic to onion and sauté another 2 or 3 minutes. Mix 1 cup of liquid reserved from noodles with the onion, garlic, celery and carrots. Add sour cream, cream of chicken soup, Rotel, chicken, noodles and cheddar cheese. Pour in a greased casserole dish. On top, layer parmesan cheese, crushed Ritz crackers and pats of butter. Bake at 350° for 30 minutes.

Recipe by Sandra LaCoste of Jasper.

Find other Power Facts recipes online at www.AlabamaPower.com.

POWER TIP | Rely on NATE. For all of your heating and cooling needs, be sure to rely on a technician certified by the North American Technician Excellence certification program. Alabama Power supports the NATE program, which is an independent, nonprofit coalition of representatives of the HVAC industry and governmental bodies.

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